Article - Estates and Trusts

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§17–202.

"MARYLAND STATUTORY FORM PERSONAL FINANCIAL POWER OF ATTORNEY IMPORTANT INFORMATION AND WARNING

You should be very careful in deciding whether or not to sign this document. The powers granted by you (the principal) in this document are broad and sweeping. This power of attorney authorizes another person (your agent) to make decisions concerning your property for you (the principal). Your agent will be able to make decisions and act with respect to your property (including your money) whether or not you are able to act for yourself.

You should select someone you trust to serve as your agent. Unless you specify otherwise, generally the agent's authority will continue until you die or revoke the power of attorney or the agent resigns or is unable to act for you.

You need not grant all of the powers listed below. If you choose to grant less than all of the listed powers, you may instead use a Maryland Statutory Form Limited Power of Attorney and mark on that Maryland Statutory Form Limited Power of Attorney which powers you intend to delegate to your attorney—in—fact (the Agent) and which you do not want the Agent to exercise.

This power of attorney becomes effective immediately unless you state otherwise in the Special Instructions.

You should obtain competent legal advice before you sign this power of attorney if you have any questions about the document or the authority you are granting to your agent.

DESIGNATION OF AGENT

DEDIGNATION OF AGENT
(Name of Principal)
Name the following person as my agent:
Name of Agent:
Agent's Address:
Agent's Telephone Number:
If my agent is unable or unwilling to act for me, I name as my successor agent:
Name of Successor Agent:

Address:
Successor Agent's Telephone Number:
If my successor agent is unable or unwilling to act for me, I name as my second successor agent:
Name of Second Successor Agent:
Second Successor Agent's Address:
Second Successor Agent's Telephone Number: GRANT OF GENERAL AUTHORITY

I ("the principal") grant my agent and any successor agent, with respect to each subject listed below, the authority to do all acts that I could do to:

- (1) Contract with another person, on terms agreeable to the agent, to accomplish a purpose of a transaction and perform, rescind, cancel, terminate, reform, restate, release, or modify the contract or another contract made by or on behalf of the principal;
- (2) Execute, acknowledge, seal, deliver, file, or record any instrument or communication the agent considers desirable to accomplish a purpose of a transaction;
- (3) Seek on the principal's behalf the assistance of a court or other governmental agency to carry out an act authorized in this power of attorney;
- (4) Initiate, participate in, submit to alternative dispute resolution, settle, oppose, or propose or accept a compromise with respect to a claim existing in favor of or against the principal or intervene in litigation relating to the claim;
- (5) Engage, compensate, and discharge an attorney, accountant, discretionary investment manager, expert witness, or other advisor;
- (6) Prepare, execute, and file a record, report, or other document to safeguard or promote the principal's interest under a statute or regulation and communicate with representatives or employees of a government or governmental subdivision, agency, or instrumentality, on behalf of the principal; and
- (7) Do lawful acts with respect to the subject and all property related to the subject.

My agent's authority shall include the authority to act as stated below with regard to each of the following subjects:

SUBJECTS AND AUTHORITY

Real property – With respect to this subject, I authorize my agent to: demand, buy, sell, convey, lease, receive, accept as a gift or as security for an extension of credit, or otherwise acquire or reject an interest in real property or a right incident to real property; pledge or mortgage an interest in real property or right incident to real property as security to borrow money or pay, renew, or extend the time of payment of a debt of the principal or a debt guaranteed by the principal, including a reverse mortgage; release, assign, satisfy, or enforce by litigation or otherwise a mortgage, deed of trust, conditional sale contract, encumbrance, lien, or other claim to real property that exists or is asserted; and manage or conserve an interest in real property or a right incident to real property owned or claimed to be owned by the principal, including: (1) insuring against liability or casualty or other loss; (2) obtaining or regaining possession of or protecting the interest or right by litigation or otherwise; (3) paying, assessing, compromising, or contesting taxes or assessments or applying for and receiving refunds in connection with them; and (4) purchasing supplies, hiring assistance or labor, and making repairs or alterations to the real property.

Stocks and bonds – With respect to this subject, I authorize my agent to: buy, sell, and exchange stocks and bonds; establish, continue, modify, or terminate an account with respect to stocks and bonds; pledge stocks and bonds as security to borrow, pay, renew, or extend the time of payment of a debt of the principal; receive certificates and other evidences of ownership with respect to stocks and bonds; exercise voting rights with respect to stocks and bonds in person or by proxy, enter into voting trusts, and consent to limitations on the right to vote.

Banks and other financial institutions – With respect to this subject, I authorize my agent to: continue, modify, and terminate an account or other banking arrangement made by or on behalf of the principal; establish, modify, and terminate an account or other banking arrangement with a bank, trust company, savings and loan association, credit union, thrift company, brokerage firm, or other financial institution selected by the agent; contract for services available from a financial institution, including renting a safe deposit box or space in a vault; withdraw, by check, money order, electronic funds transfer, or otherwise, money or property of the principal deposited with or left in the custody of a financial institution; receive statements of account, vouchers, notices, and similar documents from a financial institution and act with respect to them; enter a safe deposit box or vault and withdraw or add to the contents; borrow money and pledge as security personal property of the principal necessary to borrow money or pay, renew, or extend the time of payment of a debt of the principal or a debt guaranteed by the principal; make, assign, draw, endorse, discount, guarantee, and negotiate promissory notes, checks, drafts, and other negotiable or nonnegotiable paper of the principal or payable to the principal or the principal's order, transfer money, receive the cash or other proceeds of those transactions; and apply for, receive, and use credit cards and debit cards, electronic transaction authorizations, and traveler's checks from a financial institution.

Insurance and annuities – With respect to this subject, I authorize my agent to: continue, pay the premium or make a contribution on, modify, exchange, rescind, release, or terminate a contract procured by or on behalf of the principal that insures or provides an annuity to either the principal or another person, whether or not the principal is a beneficiary under the contract; procure new, different, and additional contracts of insurance and annuities for the principal and select the amount, type of insurance or annuity, and mode of payment; pay the premium or make a contribution on, modify, exchange, rescind, release, or terminate a contract of insurance or annuity procured by the agent; apply for and receive a loan secured by a contract of insurance or annuity; surrender and receive the cash surrender value on a contract of insurance or annuity; exercise an election; exercise investment powers available under a contract of insurance or annuity; change the manner of paying premiums on a contract of insurance or annuity; change or convert the type of insurance or annuity with respect to which the principal has or claims to have authority described in this section; apply for and procure a benefit or assistance under a statute or regulation to guarantee or pay premiums of a contract of insurance on the life of the principal; collect, sell, assign, hypothecate, borrow against, or pledge the interest of the principal in a contract of insurance or annuity; select the form and timing of the payment of proceeds from a contract of insurance or annuity; pay, from proceeds or otherwise, compromise or contest, and apply for refunds in connection with a tax or assessment levied by a taxing authority with respect to a contract of insurance or annuity or the proceeds or liability from the contract of insurance or annuity accruing by reason of the tax or assessment.

Claims and litigation — With respect to this subject, I authorize my agent to: assert and maintain before a court or administrative agency a claim, claim for relief, cause of action, counterclaim, offset, recoupment, or defense, including an action to recover property or other thing of value, recover damages sustained by the principal, eliminate or modify tax liability, or seek an injunction, specific performance, or other relief; act for the principal with respect to bankruptcy or insolvency, whether voluntary or involuntary, concerning the principal or some other person, or with respect to a reorganization, receivership, or application for the appointment of a receiver or trustee that affects an interest of the principal in property or other thing of value; pay a judgment, award, or order against the principal or a settlement made in connection with a claim or litigation; and receive money or other thing of value paid in settlement of or as proceeds of a claim or litigation.

Benefits from governmental programs or civil or military service (including any benefit, program, or assistance provided under a statute or regulation including Social Security, Medicare, and Medicaid) – With respect to this subject, I authorize my agent to: execute vouchers in the name of the principal for allowances and reimbursements payable by the United States or a foreign government or by a state or subdivision of a state to the principal; enroll in, apply for, select, reject, change, amend, or discontinue, on the principal's behalf, a benefit or program; prepare, file, and maintain a claim of the principal for a benefit or assistance, financial or otherwise, to which the principal may be entitled under a statute or regulation; initiate, participate in, submit to alternative

dispute resolution, settle, oppose, or propose or accept a compromise with respect to litigation concerning a benefit or assistance the principal may be entitled to receive under a statute or regulation; and receive the financial proceeds of a claim described above and conserve, invest, disburse, or use for a lawful purpose anything so received.

Retirement plans (including a plan or account created by an employer, the principal, or another individual to provide retirement benefits or deferred compensation of which the principal is a participant, beneficiary, or owner, including a plan or account under the following sections of the Internal Revenue Code: (1) an individual retirement account under Internal Revenue Code Section 408, 26 U.S.C. § 408; (2) a Roth individual retirement account under Internal Revenue Code Section 408(a), 26 U.S.C. § 408(A); (3) a deemed individual retirement account under Internal Revenue Code Section 408(q), 26 U.S.C. § 408(q); (4) an annuity or mutual fund custodial account under Internal Revenue Code Section 403(b), 26 U.S.C. § 403(b); (5) a pension, profit-sharing, stock bonus, or other retirement plan qualified under Internal Revenue Code Section 401(a), 26 U.S.C. § 401(a); (6) a plan under Internal Revenue Code Section 457(b), 26 U.S.C. § 457(b); and (7) a nonqualified deferred compensation plan under Internal Revenue Code Section 409(a), 26 U.S.C. § 409(A) - With respect to this subject, I authorize my agent to: select the form and timing of payments under a retirement plan and withdraw benefits from a plan; make a rollover, including a direct trustee-to-trustee rollover, of benefits from one retirement plan to another; establish a retirement plan in the principal's name; make contributions to a retirement plan; exercise investment powers available under a retirement plan; borrow from, sell assets to, or purchase assets from a retirement plan.

Taxes – With respect to this subject, I authorize my agent to: prepare, sign, and file federal, state, local, and foreign income, gift, payroll, property, federal insurance contributions act, and other tax returns, claims for refunds, requests for extension of time, petitions regarding tax matters, and other tax—related documents, including receipts, offers, waivers, consents, including consents and agreements under Internal Revenue Code Section 2032(a), 26 U.S.C. § 2032(a), closing agreements, and other powers of attorney required by the Internal Revenue Service or other taxing authority with respect to a tax year on which the statute of limitations has not run and the following 25 tax years; pay taxes due, collect refunds, post bonds, receive confidential information, and contest deficiencies determined by the Internal Revenue Service or other taxing authority; exercise elections available to the principal under federal, state, local, or foreign tax law; and act for the principal in all tax matters for all periods before the Internal Revenue Service, or other taxing authority.

SPECIAL INSTRUCTIONS (OPTIONAL)

100 MAI GIVE SI ECIAL INSTITUCTIONS ON THE POLLOWING LINES.

VALUMAY CIVE CDECIAL INCEDITCETANC AN THE EALLAWING LINES.

EFFECTIVE DATE

This power of attorney is effective immediately unless I have stated otherwise in the Special Instructions.

one opecial instructions.	TERMINATION DATE	C (OPTIONAL)
This power of attorn 20 .	ey shall terminate on	,
(Use a specific calendar da	ite) OMINATION OF GUARI	DIAN (OPTIONAL)
If it becomes necessar of my person, I nominate t		guardian of my estate or guardian appointment:
Name of nominee for () My agent (or successor :	guardian of my property: agent) named above	
or		
Nominee's		address:
Nominee's telephone numb	oer:	
Name of nominee for () My agent (or successor a	guardian of my person: agent) named above	
or		
Nominee's		address:
Nominee's telephone numb	oer:	
l	SIGNATURE AND ACKN	IOWLEDGMENT
Your Signature Date		
Your Name Printed		-
Your Address		
Your Telephone Number		•

STATE OF MARYLAND (COUNTY) OF	
This document was acknowledged before	ore me on
(Date)	
By(Name of Principal)	to be his/her act.
Signature of Notary	(SEAL, IF ANY)
My commission expires:	S ATTESTATION
The foregoing power of attorney was, declared by	on the date written above, published and
(Name of Principal)	
in our presence to be his/her power of his/her request, and in the presence of each signed our names as attesting witnesses.	attorney. We, in his/her presence and at other, have attested to the same and have
Witness #1 Signature	
Witness #1 Name Printed	
Witness #1 Address	
Witness #1 Telephone Number	
Witness #2 Signature	
Witness #2 Name Printed	
Witness #2 Address	
Witness #2 Telephone Number"	
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MARYLAND ADVANCE DIRECTIVE: PLANNING FOR FUTURE HEALTH CARE DECISIONS

By:			Date of Birth:	
		(Print Name)		(Month/Day/Year)
	ner forms are als	vance directive form to do he so valid in Maryland. No mat o you about your wishes.	ealth care planning is com tter what form you use, ta	pletely optional. lk to your family
you pic any abo veg dec	rt I of this form l ur own health ca k is called your y back-up agen out efforts to ext getative state, ar	s two parts to state your wish lets you answer this question are decisions, who do you was health care agent. Make sunts) about this important ro tend your life in three situatind end-stage condition. In acchoose to become an organ or	n: If you cannot (or do not ant to make them for you? re you talk to your healt ole. Part II lets you write ons: terminal condition, p ddition to your health care	want to) make The person you h care agent (and your preferences ersistent e planning
→ You can fill out Parts I and II of this form, or only Part I, or only Part II. Use the for reflect your wishes, then sign in front of two witnesses (Part III). If your wishes change make a new advance directive.			t II. Use the form to wishes change,	
	ctor, and others	u give a copy of the complete who might need it. Keep a c view what you have written	opy at home in a place wh	re agent, your nere someone can
		PART I: SELECTION OF I	HEALTH CARE AGENT	
ı. Sel	ection of Prima	ary Agent		
I se	elect the following	ng individual as my agent to	make health care decision	ns for me:
Na	me:			
Address:				
Au	urcss			
— То	lephone Numb	ors		
10	iephone manib		e and cell)	

B. Selection of Back-up Agents

(Optional; form valid if left blank)

Capacity:

Name:

Address:

Telephone Numbers:

(home and cell)

2. If my primary agent and my first back-up agent cannot be contacted in time or for any reason are unavailable or unable or unwilling to act as my agent, then I select the following person to act in this capacity:

Name:

Address:

Telephone Numbers:

(home and cell)

1. If my primary agent cannot be contacted in time or for any reason is unavailable or unable or unwilling to act as my agent, then I select the following person to act in this

C. Powers and Rights of Health Care Agent

I want my agent to have full power to make health care decisions for me, including the power to:

- 1. Consent or not to medical procedures and treatments which my doctors offer, including things that are intended to keep me alive, like ventilators and feeding tubes;
- 2. Decide who my doctor and other health care providers should be; and
- 3. Decide where I should be treated, including whether I should be in a hospital, nursing home, other medical care facility, or hospice program.
- 4. I also want my agent to:
 - a. Ride with me in an ambulance if ever I need to be rushed to the hospital; and
 - b. Be able to visit me if I am in a hospital or any other health care facility.

THIS ADVANCE DIRECTIVE DOES NOT MAKE MY AGENT RESPONSIBLE FOR ANY OF THE COSTS OF MY CARE.

	(Optional; form valid if left blank)		
D.	How my Agent is to Decide Specific Issue	es	
	of this advance directive that helps decide to conversations we have had, my religious ar how I handled medical and other importan	ald look first to see if there is anything in Part II the issue. Then, my agent should think about the and other beliefs and values, my personality, and t issues in the past. If what I would decide is still is for me that my agent believes are in my best ider the benefits, burdens, and risks of the	
Ξ.	People My Agent Should Consult (Optional; form valid if left blank)		
	In making important decisions on my beha following people. By filling this in, I do not my agent might want to consult or my agent	lf, I encourage my agent to consult with the intend to limit the number of people with whom it's power to make decisions.	
	Name(s)	Telephone Number(s):	
-			
-			
-			
F.	In Case of Pregnancy (Optional, for women of child-bearing years only; form valid if left blank)		

G. Access to my Health Information - Federal Privacy Law (HIPAA) Authorization

- 1. If, prior to the time the person selected as my agent has power to act under this document, my doctor wants to discuss with that person my capacity to make my own health care decisions, I authorize my doctor to disclose protected health information which relates to that issue.
- 2. Once my agent has full power to act under this document, my agent may request, receive, and review any information, oral or written, regarding my physical or mental health, including, but not limited to, medical and hospital records and other protected health information, and consent to disclosure of this information.
- 3. For all purposes related to this document, my agent is my personal representative under the Health Insurance Portability and Accountability Act (HIPAA). My agent may sign, as my personal representative, any release forms or other HIPAA-related materials.

H. Effectiveness of this Part

(Read both of these statements carefully. Then, initial one only.)

My agent's power is in effect:

1. Immediately after I sign this document, subject to my right to make any decision about my health care if I want and am able to.



>>0R<<

2. Whenever I am not able to make informed decisions about my health care, either because the doctor in charge of my care (attending physician) decides that I have lost this ability temporarily, or my attending physician and a consulting doctor agree that I have lost this ability **permanently**.

If the only thing you want to do is select a health care agent, skip Part II. Go to Part III to sign and have the advance directive witnessed. If you also want to write your treatment preferences, go to Part II. Also consider becoming an organ donor, using the separate form for that.

PART II: TREATMENT PREFERENCES ("LIVING WILL")

A. Statement of Goa (Optional: Form v		
	nething about my goals and values, and especially what's m last part of my life:	ost important
(If you want to st	ase of Terminal Condition tate what your preference is, initial <u>one</u> only. If you do not v cross through the whole section.)	vant to state a
	ertify that my death from a terminal condition is immi	inent, even if
interventions	mfortable and allow natural death to occur. I do not wan s used to try to extend my life. I do not want to receive nutricher medical means.	
>>0R<	<	<u> </u>
interventions	nfortable and allow natural death to occur. I do not want med s used to try to extend my life. If I am unable to take enough nowever, I want to receive nutrition and fluids by tube or othe	nourishment
>>0R<	<	<u></u>
3. Try to extend reasonable m	d my life for as long as possible, using all available intervention nedical judgment would prevent or delay my death. If I am un ishment by mouth, I want to receive nutrition and fluids by t	nable to take
		<u> </u>

C. Preference in Case of Persistent Vegetative State

(If you want to state what your preference is, initial <u>one</u> only. If you do not want to state a preference here, cross through the whole section.)

If my doctors certify that I am in a persistent vegetative state, that is, if I am not conscious and am not aware of myself or my environment or able to interact with others, and there is no reasonable expectation that I will ever regain consciousness:

1.	Keep me comfortable and allow natural death to occur. I do not want any medical
	interventions used to try to extend my life. I do not want to receive nutrition and fluids
	by tube or other medical means.

>>0R<<

2. Keep me comfortable and allow natural death to occur. I do not want medical interventions used to try to extend my life. If I am unable to take enough nourishment by mouth, however, I want to receive nutrition and fluids by tube or other medical means.

>>0R<<

3. Try to extend my life for as long as possible, using all available interventions that in reasonable medical judgment would prevent or delay my death. If I am unable to take enough nourishment by mouth, I want to receive nutrition and fluids by tube or other medical means.

<u>_____</u>

D. Preference in Case of End-Stage Condition

(If you want to state what your preference is, initial **one** only. If you do not want to state a preference here, cross through the whole section.)

If my doctors certify that I am in an end-state condition, that is, an incurable condition that will continue in its course until death and that has already resulted in loss of capacity and complete physical dependency:

1. Keep me comfortable and allow natural death to occur. I do not want any medical interventions used to try to extend my life. I do not want to receive nutrition and fluids by tube or other medical means.

>>0R<<

2. Keep me comfortable and allow natural death to occur. I do not want medical interventions used to try to extend my life. If I am unable to take enough nourishment by mouth, however, I want to receive nutrition and fluids by tube or other medical means.

>>0R<<

3. Try to extend my life for as long as possible, using all available interventions that in reasonable medical judgment would prevent or delay my death. If I am unable to take enough nourishment by mouth, I want to receive nutrition and fluids by tube or other medical means.

E. Pain Relief

No matter what my condition, give me the medicine or other treatment I need to relieve pain.

F.	. In Case of Pregnancy (Optional, for women of child-bearing years only; form valid if left blank)				
If I am pregnant, my decision concerning life-sustaining procedures shall be modified as follows:					
-					

G. Effect of Stated Preferences

(Read both of these statements carefully. Then, initial **one** only.)

1. I realize I cannot foresee everything that might happen after I can no longer decide for myself. My stated preferences are meant to guide whoever is making decisions on my behalf and my health care providers, but I authorize them to be flexible in applying these statements if they feel that doing so would be in my best interest.



>>0R <<

2. I realize I cannot foresee everything that might happen after I can no longer decide for myself. Still, I want whoever is making decisions on my behalf and my health care providers to follow my stated preferences exactly as written, even if they think that some alternative is better.

•		

PART III: SIGNATURE AND WITNESSES

By signing below as the Declarant, I indicate that I am emotionally and mentally competent to make this advance directive and that I understand its purpose and effect. I also understand that this document replaces any similar advance directive I may have completed before this date.

(Signature of Declarant)	(Date)
The Declarant signed or acknowledged signing this docur upon personal observation, appears to be emotionally anothis advance directive.	
(Signature of Witness)	(Date)
Telephone Number(s):	
(Signature of Witness)	(Date)
Telephone Number(s):	

(**Note:** Anyone selected as a health care agent in Part I may not be a witness. Also, at least one of the witnesses must be someone who will not knowingly inherit anything from the Declarant or otherwise knowingly gain a financial benefit from the Declarant's death. Maryland law does **not** require this document to be notarized.)

AFTER MY DEATH

(This document is optional. Do only what reflects your wishes.)

By:(Print Name)	Date of Birth: (Month/Day/Year)
PART I: ORGAN DONATION	N
(Initial the ones that you want. Cross through any that you	u do not want.)
Upon my death I wish to donate:	©
Any needed organs, tissues, or eyes. Only the following organs, tissues or eyes:	©
I authorize the use of my organs, tissues, or eyes:	
For transplantation	©
For therapy	\
For research	\
For medical education	ᅠ◎
For any purpose authorized by law	©

I understand that no vital organ, tissue, or eye may be removed for transplantation until after I have been pronounced dead. *This document is not intended to change anything about my health care while I am still alive.* After death, I authorize any appropriate support measures to maintain the viability for transplantation of my organs, tissues, and eyes until organ, tissue, and eye recovery has been completed. I understand that my estate will not be charged for any costs related to this donation.

PART II: DONATION OF BODY

After any organ donation indicated in Part I, I wish my body to be donated for use in a medical study program.

PART III: DISPOSITION OF BODY AND FUNERAL ARRANGEMENTS

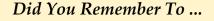
I want the following person to make decisions about the disposition of my body and my funeral arrangements: (Either initial the first or fill in the second.)

The health care agent who I named in my advance direc	tive.
>>0R<<	<i>∞</i>
This person:	
Name:	
Address:	
Telephone Number(s):(Home and Cell)	
(nonie and cen)	
If I have written my wishes below, they should be follow should decide based on conversations we have had, my values, my personality, and how I reacted to other peopl wishes about the disposition of my body and my funeral	religious or other beliefs and les' funeral arrangements. My
PART IV: SIGNATURE AND W	ITNESSES
By signing below, I indicate that I am emotionally and m donation and that I understand the purpose and effect o	
(Signature of Donor)	(Date)
The Donor signed or acknowledged signing the foregoin based upon personal observation, appears to be emotion make this donation.	
(Signature of Witness)	(Date)
Telephone Number(s):	
(Signature of Witness)	(Date)
Telephone Number(s):	

AFTER MY DEATH

Part II: Donation of Body

The State Anatomy Board, a unit of the Department of Health and Mental Hygiene administers a statewide Body Donation Program. Anatomical Donation allows individuals to dedicate the use of their bodies upon death to advance medical education, clinical and allied-health training and research study to Maryland's medical study institutions. The Anatomy Board requires individuals to pre-register prior to death as an anatomical donor to the state Body Donation Program. There are no medical restrictions or qualifications to becoming an a "Body Donor". At death the Board will assume the custody and control of the body for study use. It is truly a legacy left behind for others to have healthier lives. For donation information and forms you can contact the Board toll-free at 800.879.2728



- ☐ Fill out Part I if you want to name a health care agent?
- Name one or two back-up agents in case your first choice as health care agent is not available when needed?
- Talk to your agents and back-up agent about your values and priorities, and decide whether that's enough guidance or whether you also want to make specific health care decisions in the advance directive?
- ☐ If you want to make specific decisions, fill out Part II, choosing carefully among alternatives?
- Sign and date the advance directive in Part III, in front of two witnesses who also need to sign?
- □ Look over the "After My Death" form to see if you want to fill out any part of it?
- Make sure your health care agent (if you named one), your family, and your doctor know about your advance care planning?
- Give a copy of your advance directive to your health care agent, family members, doctor, and hospital or nursing home if you are a patient there?